CLASP's Moving on Maternal Depression (MOMD) Technical Assistance Project and Learning Community

Through our Moving on Maternal Depression (MOMD) initiative, CLASP is collaborating with states to advance policies that improve maternal depression prevention, screening, and treatment among mothers with young children. Working across sectors, we've placed an emphasis on embedding racial equity and culturally relevant services/practices into policy and systems change.

MOMD Technical Assistance Project

The Technical Assistance Project is a cohort of three states: New Jersey, New York, and Pennsylvania. Each state has set its own unique goals to help mothers with maternal depression. They were selected because of their commitment to improve access to treatment for mothers living in poverty as well as their proposals to address disparities for families of color.

States will receive intensive technical assistance from CLASP. They'll also have peer-to-peer learning opportunities to strengthen maternal depression policies and systems, including Medicaid, mental health, early childhood, and human services. CLASP will provide technical assistance through phone calls with national experts, in-person convenings, and written materials. The states will also participate in the broader learning community described below.

MOMD Learning Community

The Learning Community is comprised of 10 states addressing maternal depression prevention, screening, and treatment: District of Columbia, Louisiana, Massachusetts, Michigan, New Jersey, New York, Oregon, Pennsylvania, Rhode Island and Virginia. These states vary in how far along they are in their policy work.

The Learning Community provides a platform to share ideas, troubleshoot, learn from experts, and support one another in their policy work. States will discuss a wide range of maternal depression issues and participate in webinars.