# State and Community Level Policy and Finance Strategies for Promoting and Supporting Developmental Screening and Preventive Health Practices



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#### **Overview**

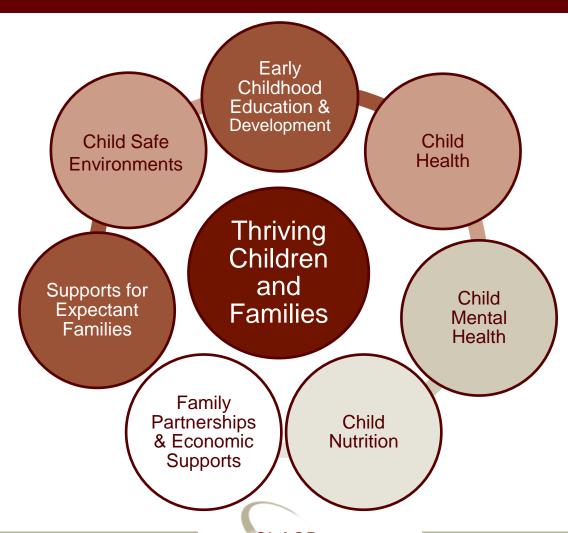
- The importance of developmental screening and comprehensive services.
- Screening opportunities in early childhood settings.
- Financing screening and other services.
- Policy options and considerations.



# What Do We Mean By Comprehensive Services?

- Connection and access to preventive health care services, such as assistance in connecting to medical homes, preventive dental screenings, and tracking of vaccination and medical screening records;
- Support for emotional, social and cognitive development, including screening to identify developmental delays, mental health concerns, and other conditions that may warrant early intervention, mental health services, or educational interventions;
- Family leadership and support, including parent leadership development, parenting support, abuse prevention strategies, and connecting families to needed social services.

#### **Early Childhood System Components**



#### Why Comprehensive Services?

- Programs showing lasting benefits of high quality early education focused on whole child and included comprehensive services.
- Increased attention to school readiness, child outcomes, return on investment.
- Increased poverty has increased need for comprehensive services.

### Why Child Care Settings?

- Young children are in care for significant portions of time, in different settings, and from an early age.
  - Opportunity to reach young children early.
- Low-income children have less access to health insurance and health services.
- Relationships between caregivers and children and families may provide positive context for delivering preventive services.

#### A Two-Generation Approach

- Family communication and engagement is key.
- Families can learn to advocate more effectively for their children's needs.
- Families can learn how to better manage their children's health and developmental needs.
- Screening the child may point to needs of others in the family, such as parental mental health issues.
- Referrals to services can benefit the whole family.

#### What is Developmental Screening?

- One component of EPSDT, required under Medicaid
- Used to flag potential developmental concerns
- Usually a combination of observation and parent report
- Not diagnostic, but can lead to referrals
- Physical (motor skills), social, emotional, speech and language, and cognitive development
- Developmental milestones not an assessment of what a child knows or can do.

#### **Commonly Used Screening Tools**

- ASQ (Ages and Stages Questionnaire), and ASQ-SE
- Denver Developmental Screening Test II (DDST-II)
- <u>Early Screening Inventory-Revised</u> (ESI-R)
- <u>IDA</u> (Infant Toddler Developmental Assessment)
- HELP (Hawaii Early Learning Profile)
- Carolina Curriculum for Infants and Toddlers
- <u>AEPS</u> (Assessment Evaluation & Programming System)
- PLS (Preschool Language Scale)
- Peabody Picture Vocabulary Test
- Rossetti Infant-Toddler Language Scale
- Batelle Developmental Inventory.
- PEDS: Developmental Milestones Measurements For Children 0-8 Years

### The Importance Of Screening

- Opportunity to catch problems early
- Identifies the need for health and intervention services.
- Preventive services are more effective than later treatment.
- Engages families and connects families to resources.
- Develops families' capacity to advocate for services and communicate needs.

### **Building Capacity To Do Developmental Screening**

- Health and mental health consultation
- Home visiting
- Professional development and support
- Technology initiatives

### Developmental Screening in Child Care and Early Education Settings

- Head Start program standards include a broad screening requirement, including developmental.
  - Screening occurs within 45 days of entry
  - Programs must engage parents in the process.
- At least 12 QRIS include developmental screening provisions.
- At least three states include screening in licensing standards.
- Many evidence based home visiting models incorporate developmental screening.

### Licensing Requirements

- **Nevada:** "Identify the need for and referral of a child enrolled in the facility for developmental screening and the referral of the child for diagnostic assessment, if appropriate..."
- **Pennsylvania:** Health report signed by physician that includes: "A review of age-appropriate screenings according to the standards of the AAP."
- **Vermont:** "There shall be documented evidence of continuing observation, recording and evaluation of each child's growth and development."

#### Rhode Island Watch Me Grow

- Providers receive training and support in gaining family permission
- Provide developmental screening on site
- Support to providers in coordinating services to families
  - Informing families about recommended screenings
  - Consulting with families about screening result
  - Helping families work with pediatricians

#### Pennsylvania QRIS

- All state-registered and certified early care and education programs enrolled in Keystone STARS eligible to participate in early childhood mental health consultation
- Provides support around developmental screening
- Uses Ages and Stages Questionnaire

#### **New York Information Sharing**

- HIPPA/FRPA compliant waiver for communication between programs and pediatricians
- Meets privacy requirements that sometimes pose a barrier to coordination
- Child care form reflecting screening recommendations for use in programs
- Public education campaign to promote its use

#### Illinois Medicaid Coverage

 School districts can bill Medicaid for developmental screening as part of school based services.

 Children's Mental Health Act allows organizations to bill Medicaid for mental health services, including developmental screening.

Must be an approved provider under Medicaid.

#### Innovation in Oregon

- County level early learning and health entities share goal of increasing developmental screening and referral.
- Developmental screening rates are measured indicators of success.
- Care Coordination Organizations are able to bill Medicaid.
- Using transitional funds to pay providers up front for developmental screening.
- Share professional development on Ages and Stages Questionnaire.
- Entities share data.

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#### **Potential Funding Streams**

- CCDBG Quality Dollars
- Maternal and Child Health Title V
- Early Childhood Comprehensive Systems
- Home Visiting MIECHV
- Medicaid/SCHIP
- Individuals with Disabilities Education Act (IDEA)
   Parts B and C
- SAMHSA (Project LAUNCH)
- Elementary and Secondary Education Act, Title I

#### Financing Mechanisms

- Using CCDBG quality set-aside dollars for targeted grants
- Tiered reimbursement tied to quality requirements
- Medicaid/managed care reimbursement mechanisms
- Partnerships with other services like public health consultants and home visiting

#### Medicaid Policies that Promote Developmental Screening

- EPSDT guidelines that mirror the AAP's recommended content and frequency.
- Medicaid reimbursement policies covering developmental screening as a separate service
- Appropriate billing codes and technical assistance around billing codes.
- Allowing community-based organizations that provide developmental screening to bill Medicaid directly.



#### Considerations

- Developmental screening is one aspect of comprehensive services that overlaps across systems.
- While Medicaid can be a major funding source for developmental screening, putting Medicaid policy in place takes time.
- There are other potential funding sources.
- Developmental screening tools aren't always designed for the early childhood classroom – staff need professional development and support.
- Developmental screening requires vigilant referral and follow up to have the desired impact.



#### **Child Care Policy Recommendations**

- Fund partnerships with Head Start programs to allow vulnerable children in child care settings, including FFN care, to receive Head Start screening and follow up.
- Create and fund local networks of child care professionals who can conduct developmental screenings in child care.
- Provide professional development and support for providers related to developmental screening.
- Embed developmental screening, referrals, and follow up services into state QRIS standards.
- Partner with the IDEA Part C early intervention Child Find program to identify infants and toddlers with special needs and create linkages with child care providers.



#### Resources

- Putting it Together: A Guide to Financing Comprehensive Services in Child Care and Early Education
  - Includes State Financing Worksheet (editable version available at www.clasp.org/childcare).
- More resources at <u>www.clasp.org/babiesinchildcare</u>,
  - including a summary of research on the importance of developmental screening for infants and toddlers.

# **CLASP TA on Financing Comprehensive Services**

- Identify and provide relevant community and state level data.
- Convene and facilitate stakeholders to identify needs and opportunities in your state.
- Provide more detailed information about lessons from other states.
- Map the current use of federal funding streams in your state, to identify potential partnerships and opportunities.
- Explore additional research topics.

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